The greatest gift you can give is you!

Every year I think a lot about what the best presents for my parents, siblings, friends or grandparents would be.

However, what happens when they have already been given clothes, books, their favourite perfumes, the last mobile phone, a Spa session...? Then your mind goes blank! You can't think of anything to gift! Panic mode on!

But stop and think it twice! Have you thought that maybe what really makes them happy is that you share your time with them? Leave the mobile phone aside when you are with your family, lend your clothes to your younger sister, help your brother with his homework, be punctual and give the person who is waiting for you a kiss if you don't make it on time, pay attention when somebody is talking to you and drive respecting speed limits.

Follow all these pieces of advice and keep on adding good habits to this list because what really makes a lasting impression on your beloved ones come from the heart. So, what are you waiting for to start giving away these presents? Let yourself be bewitched by the real Christmas spirit!

And now, have you thought what you will gift this year yet?

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