

FCE GAP FILL 2 - Are you a lark or an owl?

Complete this text. Use only one word in each gap. There is an example at the beginning (0)

Are you a lark or an owl?

Do you read the newspaper (0) **while** you have breakfast? If you do then you (1)_____ be a 'lark', or morning type of person. 'Owls', or evening types, tend not to spend much time over breakfast. They (2)_____ little appetite then, and, (3)_____ they are usually late risers, they are short (4)_____ time anyway. Around half of the adult population are either morning (5)_____ evening types; the rest fall somewhere (6)_____ the middle. (7)_____ can be up to a twelve hour difference in the time of day when the two types reach the point when they are most alert and mentally at their (8)_____. Larks tend to reach this point in the late morning, while owls (9)_____ it around 10 pm. For reasons (10)_____ are unknown, evening types tend to be more adaptable (11)_____ morning types. For example, evening types can usually cope much better with shift work and jet lag, and (12)_____ is easier for an evening type to become a morning type than the other way (13)_____ .

Are we born (14)_____ these differences or are they just formed (15)_____ habit? We don't really know.

Achievement Award 2015

ANSWERS

Are you a lark or an owl?

- 1 may / must
- 2 have
- 3 because / since / as
- 4 of
- 5 or
- 6 in
- 7 There
- 8 best / peak
- 9 reach
- 10 which / that
- 11 than
- 12 it
- 13 round
- 14 with
- 15 by / from

Achievement Award 2015

Cambridge English Language Assessment
Exam Preparation Centre



Cambridge English
Exam Preparation Centre

Cambridge English Language Assessment
Examination Venue

Centro Examinador

TRINITY
COLLEGE LONDON

